

ṫfovi KṫUwRqvm GK_vBgv i PwKrmv I cṫZKvi

KṫUwRqvm GK_vBgv GKwU AZ"š-msµvgK, RṫbWUK, fvBivm RwbZ Pvgovi tivM hv cṫvbZ QvMj I tfovq nṫq _vṫK| GṫivMwU Aid, KṫUwRqvm cvmPj vi Wvg@UvBwU, tmvi gvD_ ev ṫve gvD_ bṫṫgl cwiwPZ| evsj vṫ kmn cṫw_exi cṫq mKj ṫ ṫkB G tivM ṫ Lv hvq|

ṫi"Zi:

- GṫivM nṫj Pvgovq, gṫL I bṫṫK e"v`vqK ṫZ ṫZwi nq dtj tfovq Ai"ṫP I ṫṫavg`v ṫ Lv ṫ`q Ges tfov axṫi axṫi `ṫṫ nṫq cṫo, dj kṫwZṫZ Drcv`b Kṫṫ hvq|
- I j vṫb ṫZ nṫj tfox ev"ṫṫK tṫṫo ṫ`q Ges ev"ṫṫK `ṫṫ Lvl qṫZ Pvg bv| dtj ev"ṫṫi cṫṫi Afve nq Ges `ṫṫZvq ṫfvṫM| mvaviYZ ev"ṫṫq GṫivMwU tekx ṫ`Lv hvq| ev"ṫṫ tLṫZ cṫṫi bv Ges Lvl qvq Ai"ṫP nq| cievZṫZ ev"ṫṫ gvi v ṫṫZ cṫṫi |
- cṫṫj ṫṫY ṫ`Lv ṫ`ṫj tfov ṫṫY`vqxfvṫe tLvoutZ _vṫK|
- wṫZxh chṫṫqi e"vKṫUwi qvRwbZ msµgb nṫj ṫfovi Avf`šixY A½cṫZ½ Avµvš-nṫZ cṫṫi |
- GṫivṫMi RṫwUK ṫi"Zi iṫṫṫQ A_ṫṫ ṫfov ṫ`ṫK gṫṫṫ i gṫṫS GiṫivM QovṫZ cṫṫi |

ṫivṫMi KviY: c· wṫwUwU cwi evṫi i AšMṫ c"vivc· tRbvṫmi Aaxb KṫUwRqvm GK_vBgv fvBivṫmi KviṫY GṫivM nṫq _vṫK|

ṫivṫMi msµgb: cṫZṫṫ ms`úṫkṫṫ gvaṫṫṫ tfov ṫ`ṫK tfovq wKsev Ab`ṫKvb ciṫZ QovṫZ cṫṫi | cṫivṫṫ ms`úṫki© (ṫhgb, Lvṫṫi e"eüZ msµvgZ Lv`"ṫ", ^ZRmcṫ wKsev hvbevnb Ges Lvṫṫi wṫṫqwrZ Kgṫṫ ev Wv³vi) gvaṫṫṫ GṫivM QovṫZ cṫṫi |

ṫivṫMi j ṫṫY:

- ṫivṫMi mṫBkuj 2-3 ṫ`b| cṫṫṫṫ `ṫṫ tṫvṫUi mstṫwM`ṫj i tKvbvq j vj nq Ges 3/4 ṫ`bi gṫa" tQvU tQvU ṫUwi gZ c"vcj ṫ`Lv hvq| c"vcj ṫ`ṫK cvmPj nq| Gmgq ṫ`ṫni Zvcgvṫv wṫṫkl Kṫi ev"ṫṫi tṫṫṫ 104° - 106° dvt chṫṫ-nṫq _vṫK Ges Avµvš`vb AZ"š-te`bv`vqK nq| cvmPj tdtU wṫṫq Gi wṫZṫi i cṫR I Avµvš`wUwj i wKṫq eo eo ṫUwi gZ ṫve mṫṫ Kṫi | axṫi axṫi ṫZ ev Nu eṫṫ cṫZ _vṫK hv Dfq tṫwU Rṫṫo I tṫvṫUi Pvi w`ṫK Qwṫṫ cṫo Ges tṫwU tṫvUv nṫq hvq| Nu µgk `ṫZi gṫwṫ I bṫṫK wṫ`ṫi j vṫ Kṫi GgbwK gṫL-Mneti I wṫ`Z nṫZ cṫṫi |
- ev"ṫṫ `ṫṫ cvb KiṫZ cṫṫi bv, dtj axṫi axṫi wṫṫ`R nṫq gvi v ṫṫZ cṫṫi | Avµvš-eq`ṫ tfovq Ai"ṫP I ṫṫavg`v ṫ Lv ṫ`q Ges tfov axṫi axṫi `ṫṫ nṫq cṫo, dj kṫwZṫZ Drcv`b Kṫṫ hvq|
- `ṫṫ Lṫi i gvSLvṫb, I j vṫb, Kvṫb, gṫṫṫṫ I fiv fvi Pvi cṫṫṫ ṫZ ev Nu ṫ`Lv ṫ`ṫZ cṫṫi | cṫṫṫ ṫZ nṫj tfov `voutZ Pvgbv Ges tLvovq| I j vṫb nṫj g"v÷vBwU nṫZ cṫṫi |
- wṫZxq chṫṫqi e"vKṫUwi qvi ev `ṫṫ qṫṫi j vṫṫṫ msµgb nṫj gvi vZṫK AvKvi avi b Kṫi |

